

## **AREA BOARD XI STRATEGIC PLAN WORKGROUP DRAFT**

### **GOALS/BENCHMARKS/STRATEGIES**

#### **ADVOCACY**

**Goal: Area Board XI will empower individuals with developmental disabilities and their families through education and advocacy to navigate all systems.**

**Benchmark: Individuals and families will receive the supports and services to which they are entitled by law.**

#### **Strategies:**

- ❖ ABXI will support and advocate for a minimum of 50 people to help them obtain necessary educational, regional center, housing, transportation, and medical services.**
- ❖ ABXI will provide trainings for a minimum of 200 individuals with developmental disabilities and their families in the areas of education; housing; regional center services; disaster preparedness; inclusion; early intervention; assistive technology; transition; public benefits; and futures planning.**
- ❖ ABXI will develop a parent mentor program for English and Spanish-speaking parents.**
- ❖ ABXI's Board will award SCDD mini-grant funding to recipients who work to improve the quality of services and supports for people with developmental disabilities and their families.**

#### **COLLABORATION/FACILITATION**

**Goal: ABXI will expand upon its role as a liaison with governmental and non-governmental agencies through increased collaborative partnerships and activities.**

**Benchmark: Stakeholders representing the diversity of our community work together to protect the rights of people with developmental disabilities and ensure their inclusion in the community.**

**Strategies:**

- ❖ **ABXI will continue its collaborative work with its partners on the ABXI Health Care Task Force; CEAD; Disability Rights Workshop; Criminal Justice Task Force; South Coast Regional Project; O.C. Employment Assistance Network; Orange County Adult Transition Task Force; O.C. Assistive Technology Task Force; ABXI Quality Assurance Collaborative; O.C. Autism Regional Task Force; CalOptima Partnership for Choice; et al. to increase outreach, education, and the provision of quality services to the community.**
- ❖ **ABXI will expand its collaborative partnerships with RCOC and other county service agencies to include more educational services trainings for professionals.**
- ❖ **ABXI will develop new collaborative partnerships with county agencies and community-based organizations serving young children and families.**
- ❖ **ABXI will develop new collaborative partnerships with governmental agencies, community-based organizations, and professionals providing dental services.**

**COMMUNITY PARTICIPATION**

**Goal: Individuals and their families have the opportunity to fully access community options and are recognized as valued, contributing members of their community**

**Goal: ABXI will inform and educate the public about the abilities and strengths of individuals with developmental disabilities.**

**Benchmark:** Individuals and their families live inclusive lives and have the opportunity to fully access community options.

- ❖ ABXI will collaborate with community agency partners to develop and expand upon existing:
  - Accessible, affordable housing
  - Supported employment opportunities
  - Access to timely and appropriate medical, mental health, and dental care services
  - Equitable, accessible transportation
  - Social and recreational opportunities

## **CULTURAL DIVERSITY**

**Goal:** Individuals and their families shall have the opportunity to fully access community options, regardless of language, race, ethnicity, or sexual orientation.

**Benchmark:** Community members will have access to information, education, and resources in ways that reflect their cultural/ethnic/language preferences.

### **Strategies:**

- ❖ ABXI will focus on developing a Board that reflects the diversity of our community.
- ❖ ABXI will work with collaborative partners to increase the number of outreach and educational trainings to community members who are monolingual speakers of Spanish.

- ❖ ABXI will work to develop relationships with county agencies and community-based organizations that provide services for Vietnamese-speaking Orange County residents.
- ❖ ABXI will develop its Spanish webpage.
- ❖ ABXI will translate its educational materials into other languages for distribution to non-English speakers and display on the ABXI webpage.

## **EDUCATION/INFORMATION**

**Goal:** Individuals and their families have the education and supports they need.

**Benchmark:** ABXI will provide Orange County residents with information and education to help them access the services and supports they need to live inclusively in the community.

### **Strategies:**

- ❖ ABXI will present 10 trainings/workshops/clinics on educational, regional center, and other community services and supports by 2012.
- ❖ ABXI will work with other area boards and community partners to develop webinar and online informational programs on educational, regional center, and other community services and supports.
- ❖ ABXI will provide 5 emergency preparedness and empowerment trainings by 2013.
- ❖ ABXI will continue its leadership role with its community partners on the annual Disability Rights Workshop to present topical and practical information on community services and supports to all Orange County residents with disabilities.

## **GOVERNANCE**

**Goal:** ABXI has an inclusive Board that reflects the community it serves and embraces the principles and practices of full inclusion and self-determination/choice.

**Benchmark:** ABXI's Board reflects the community it serves and its members are active and effective in their duties as set forth in the Lanterman Act.

### **Strategies:**

- ❖ Actively recruit members from communities not currently represented.
- ❖ Recruit young adults with developmental disabilities to serve as Board members.
- ❖ Work with the Board of Supervisors to expedite appointments.
- ❖ Review and update the By-Laws every two years.
- ❖ Inform Board members about local, state, and federal issues on a regular basis.
- ❖ Develop active subcommittees on such issues as education; legislation; collaborative trainings for/with law enforcement; and self-advocacy.

## **LEGISLATIVE/SYSTEMS ADVOCACY**

**Goal:** ABXI, in partnership with individuals and organizations, will advocate for access to a variety of quality services through legislative and advocacy activities.

**Benchmark:** Representatives and the administration respond fully to the needs of people with developmental disabilities and their families. The public is aware of the needs of people with developmental disabilities.

- ❖ ABXI and Board members will provide information and education to legislative representatives on the needs and issues affecting people with developmental disabilities and their families.
- ❖ ABXI will educate the community on proposed laws and regulations that impact people with developmental disabilities and their families.
- ❖ ABXI will work with other Area Boards to impact systemic and/or statewide issues.
- ❖ ABXI will use a multi-media approach (newspapers, web, email) to educate the public.

## **SELF ADVOCACY/SELF-DETERMINATION**

**Goal:** People with disabilities and their families will choose and control the processes and services that affect their lives.

**Benchmark:** People with developmental disabilities know their rights and responsibilities and how to advocate for themselves.

- ❖ ABXI will offer educational trainings for people with developmental disabilities and their families on the principles of self-determination and self-advocacy.
- ❖ ABXI will provide support and technical assistance to People First of Orange County.
- ❖ ABXI will promote the development of a second self-advocacy/People First group in Orange County.

- ❖ ABXI will support efforts to implement the Individual Choice Budget model.

## **QUALITY ASSURANCE**

**Goal:** ABXI will continue to work in collaboration with community partners to ensure that people receive quality living, employment, educational, and health services.

**Benchmark:** People with developmental disabilities and their families are satisfied with the quality of the services and supports they receive.

- ❖ ABXI will continue to work with its QA Collaborative partners, Regional Center of Orange County, Adult Protective Services, Community Care Licensing, Public Health Licensing, and the Council on Aging Ombudsman, to review local concerns, both quarterly and upon special request of any member.
- ❖ ABXI will continue to work with its partners on the RCOC Criminal Justice Task Force and remain in a leadership role on the Orange County Collaborative to End Abuse of Individuals with Disabilities (CEAID).
- ❖ ABXI will work with its collaborative partners to address bullying of students with developmental disabilities in elementary and high schools.
- ❖ ABXI will expand upon its successful Operation Housecall model to engage the larger medical community; e.g., interns, residents, and family practitioners.
- ❖ ABXI will work with its collaborative partners to develop relationships with, and training for, law enforcement and court personnel to increase awareness of the rights and abilities of people with developmental disabilities.